

**January Dinner for Two**

				1-Jan	2-Jan	3-Jan
				Friday	Saturday	Sunday
				Almond-Crusted Tilapia, Lemon Scented Jasmine Rice, Creamed Spinach	Chicken Cordon Bleu, Creamed Spinach, Roasted Rosemary Potatoes	Chicken Diablo, Roasted Rosemary Potatoes, Wilted Spinach
4-Jan	5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegetable Lasagna, Caesar Salad	Home-style Meatloaf, <b>Garlic Yukon Gold Mashed Potatoes</b> , Green Beans with Toasted Almonds	Buffalo Chicken Meatballs, Garden Salad with Blue Cheese Dressing, Roasted Rosemary Potatoes	<b>Spicy Orange Chicken, Vegetable Fried Rice, Steamed Vegetables</b>	Grilled Salmon, Lemon Scented Jasmine Rice, Grilled Asparagus	King Ranch Chicken, Mexican Style Red Rice, Borracho Beans	Baked Ziti with Sausage & Peppers, Caesar Salad
11-Jan	12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cheese Enchilada with Chili Gravy, Mexican Style Red Rice, and Refried Beans	Herb Chicken, Green Beans with Almonds, Roasted Rosemary Potatoes	<b>Salmon with Chipotle Orange Butter, Orange Roasted Carrots, Parsnips and Fennel and Green Beans with Almonds</b>	Honey Garlic Flank Steak, <b>Garlic Yukon Mashed Potatoes</b> , Asian Slaw	Orange Almond-Crusted Tilapia with Orange Onion Fennel Salad, Lemon Scented Jasmine Rice, Roasted Dill Carrots	Chicken Parmesan with Spaghetti Marinara, Caesar Salad	<b>Spicy Orange Chicken, Vegetable Fried Rice, Steamed Vegetables</b>
18-Jan	19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegetable Enchiladas with Tomatillo Avocado Sauce, Lemon Scented Jasmine Rice, Black Bean, Corn, and Jicama Salad	Braised Brisket, Macaroni and Cheese, Cole Slaw	Chipotle Grilled Chicken with Tomatillo Avocado Sauce, Mexican Style Red Rice, Southwest Vegetable Sauté	Lasagna al Forno, Caesar Salad	<b>Salmon with Chipotle Orange Butter, Orange Roasted Carrots, Parsnips and Fennel and Green Beans with Almonds</b>	Herb Chicken, Sautéed Broccoli with Grape Tomatoes, Whipped Russet Potatoes	Steak and Bacon Meatballs, Garlic Yukon Gold Mashed Potatoes, Green Beans with Toasted Almonds
25-Jan	26-Jan	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
Vegetable Lasagna, Caesar Salad	Buttermilk Pecan Chicken, <b>Yukon Gold Garlic Mashed Potatoes</b> , Green Beans with Toasted Almonds	Salmon w Basil Pesto, Yukon Garlic Mashed Potatoes, Sautéed Broccoli w Grape Tomatoes	Beef Bourguignon, Thyme Baked Potatoes, Green Beans with Toasted Almonds	Smoked Salmon Cakes with Remoulade, Garden Salad with Lemon Vinaigrette, and Roasted Tomato Bisque	Turkey Chile Meatloaf, <b>Yukon Garlic Mashed Potatoes</b> , Green Beans with Toasted Almonds	Herb Chicken, Green Beans with Almonds, Roasted Rosemary Potatoes