

**October Dinner for Two**

			1-Oct	2-Oct	3-Oct	4-Oct
			Thursday	Friday	Saturday	Sunday
			Steak and Bacon Meatballs, <b>Garlic Yukon Gold Mashed Potatoes</b> , Green Beans with Toasted Almonds	Salmon w Basil Pesto, Yukon Garlic Mashed Potatoes, Sautéed Broccoli w Grape Tomatoes	Chipotle Honey Pork Loin, <b>Gruyere Potato Gratin</b> , Garden Salad with Lemon Vinaigrette	Buttermilk Pecan Chicken, <b>Yukon Gold Garlic Mashed Potatoes</b> , Green Beans with Toasted Almonds
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegetarian Twice Baked Potatoes, Garden Salad, Roasted Tomato Bisque	Teriyaki Chicken, Golden Rice Pilaf, Oven Roasted Root Veg	Turkey Chile Meatloaf, <b>Yukon Garlic Mashed Potatoes</b> , Green Beans with Toasted Almonds	Herb Chicken, Green Beans with Almonds, Roasted Rosemary Potatoes	Almond-Crusted Tilapia, Lemon Scented Jasmine Rice, Creamed Spinach	Chicken Cordon Bleu, Creamed Spinach, Roasted Rosemary Potatoes	Chicken Diablo, Roasted Rosemary Potatoes, Wilted Spinach
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegetable Lasagna, Caesar Salad	Home-style Meatloaf, <b>Garlic Yukon Gold Mashed Potatoes</b> , Green Beans with Toasted Almonds	Buffalo Chicken Meatballs, Garden Salad with Blue Cheese Dressing, Roasted Rosemary Potatoes	Braised Brisket, Macaroni and Cheese, Cole Slaw	Grilled Salmon, Lemon Scented Jasmine Rice, Grilled Asparagus	Beef Bourguignon, Thyme Baked Potatoes, Green Beans with Toasted Almonds	Baked Ziti with Sausage & Peppers, Caesar Salad
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cheese Enchilada with Chili Gravy, Mexican Style Red Rice, and Refried Beans	Herb Chicken, Green Beans with Almonds, Roasted Rosemary Potatoes	Chipotle Grilled Chicken with Tomatillo Avocado Sauce, Mexican Style Red Rice, Southwest Vegetable Sauté	Honey Garlic Flank Steak, <b>Garlic Yukon Mashed Potatoes</b> , Asian Slaw	Smoked Salmon Cakes with Remoulade, Garden Salad with Lemon Vinaigrette, and Roasted Tomato Bisque	Chicken Parmesan with Spaghetti Marinara, Caesar Salad	Lasagna al Forno, Caesar Salad
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Vegetable Enchiladas with Tomatillo Avocado Sauce, Lemon Scented Jasmine Rice, Black Bean, Corn, and Jicama Salad	King Ranch Chicken, Mexican Style Red Rice, Borracho Beans	Puerco Guisado, Lemon Scented Basmati Rice, Garden Salad with Lemon Vinaigrette, CM Flour Tortillas	Turkey Chile Meatloaf, <b>Yukon Garlic Mashed Potatoes</b> , Green Beans with Toasted Almonds	Orange Almond-Crusted Tilapia with Orange Onion Fennel Salad, Lemon Scented Jasmine Rice, Roasted Dill Carrots	Herb Chicken, Green Beans with Almonds, Roasted Rosemary Potatoes	