

REHEATING INSTRUCTIONS

Beef Tenderloin

Conventional Oven Instructions

- Preheat oven to 350°F.
- Remove lid and compound butter from container.
- Place tenderloin into preheated oven for 10 minutes or until temperature reaches 130°F for medium, or increase cooking time for desired doneness.
- Remove tenderloin from oven, top with butter and return to oven for 1 minute to soften butter.
- Serve immediately.

Mashed Cauliflower

Conventional Oven Instructions

- Remove lid from container.
- Place into a preheated 350°F oven for 10-15 minutes or until hot in center.
- Serve immediately.

Microwave Oven Instructions

- Remove lid from container.
- Place container into microwave oven and heat on high for 1 minute.
- Stir and heat on high for another minute or until hot.
- Serve immediately.

Prosciutto-Wrapped Asparagus

Conventional Oven Instructions

- Remove lid from container.
- Brush asparagus with a little olive oil.
- Place into preheated 350°F oven.
- Heat for approximately 10-12 minutes or until hot.
- Serve immediately.

To Plate:

- Mound Mashed Cauliflower at 3 o'clock on a dinner plate.
- Place Prosciutto-Wrapped Asparagus at 9 o'clock.
- Lean Beef Tenderloin against Mashed Cauliflower.

REHEATING INSTRUCTIONS

Chicken Piccata

Conventional Oven Instructions

- Preheat oven to 350°F.
- Remove lid from container.
- Transfer chicken pieces to a sheet pan or ovenproof dish and set lemon wheels aside.
- Cover pasta container with foil.
- Place pasta and chicken pieces into preheated oven for 15-20 minutes or until warm.
- Remove from oven and serve immediately.

Roasted Carrots and Parsnips

Conventional Oven Instructions

- Remove lid from container.
- Place into a preheated 350°F oven.
- Heat for approximately 8-10 minutes or until hot.
Mix halfway through heating.
- Serve immediately.

Microwave Oven Instructions

- Place container into microwave oven and heat on high for 1-2 minutes. Mix halfway through heating.
- Serve immediately.

To Plate:

- Mound noodles at 3 o'clock on a dinner plate.
- Set chicken against pasta.
- Place lemon wheels on top of chicken.
- Place Roasted Carrots and Parsnips at 9 o'clock.

REHEATING INSTRUCTIONS

Oven-Roasted Lobster Tail

Conventional Oven Instructions

- Preheat oven to 350°F.
- Remove lid and compound butter from container.
- Place into preheated oven for 15-20 minutes or until warm.
- Remove from oven, top with butter and shallots, and serve immediately.

Asparagus Risotto

Microwave Oven Instructions

- Remove lid from container.
- Place container into microwave oven and heat on high for 2 minutes.
- Stir and heat on high for another minute or until hot.
- Serve immediately.

Roasted Carrots and Parsnips

Conventional Oven Instructions

- Remove lid from container.
- Place into preheated 350°F oven.
- Heat for approximately 8-10 minutes or until hot.
Mix halfway through heating.
- Serve immediately.

Microwave Oven Instructions

- Place container into microwave oven and heat on high for 1-2 minutes. Mix halfway through heating.
- Serve immediately.

To Plate:

- Mound Asparagus Risotto at 3 o'clock on a dinner plate.
- Place Roasted Carrots and Parsnips at 9 o'clock.
- Place Oven-Roasted Lobster Tail on top of risotto.